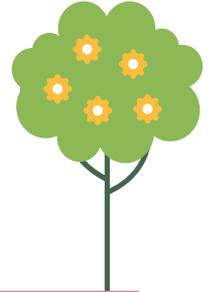




Be

HEALTHY and ACTIVE



TERM 3 **CENTRAL** SCENIC RIM TIME TABLE (BEAUDESERT AND SURROUNDS)

**JULY
2024**

Monday

FUN, FRIENDS & FITNESS

⌚ 9.00am to 10.30am
📍 Kooralbyn Community Hall
☎ Beacare 5541 4216
Cost: \$6.00

Monday

YOGA FOR BEGINNERS

⌚ 9.30am—10.30am
📍 Beaudesert Community Arts and Information Centre
☎ Claire 0417187172
Cost: \$10.00

ADULT BEGINNER BALLET AND TAP CLASSES

Unleash your inner Ballerina or Tap Dancer!
⌚ 10.00am—11.00am and 7.00pm—8.00pm
📍 Girl Guides Hall Beaudesert
☎ BeauDance Academy 0400 292 017 or on Facebook
Cost: \$3.00

Monday

MOSAICS — ART AND CRAFT

⌚ 1.30pm—3.30pm
📍 Beaudesert Community Arts and Information Centre
☎ Tina Jones 0418 780 861
Cost: \$3.00

Tuesday

LINE DANCING AND DANCE STEPS FOR SENIORS

⌚ 12.45pm—3.00pm
📍 The Centre, Beaudesert
☎ Marg 0422 415 145
Cost: \$3.00



Wednesday

MOVEMENT TO MUSIC

⌚ 10.00am—12.00pm
📍 CWA Hall Beaudesert
☎ Rachele 5600 0730
Cost: \$10.00

Wednesday

CARDIO TENNIS

⌚ 6.30pm—7.30pm
📍 Beaudesert Tennis Club
☎ beaudeserttennisassoc@outlook.com
Cost: \$10.00

Thursday

FUN, FRIENDS AND FITNESS

Over 50's
⌚ 9.00am—10.30am
📍 Kooralbyn Community Hall
☎ Beacare 5541 4216
Cost: \$6.00

Thursday

EVERYONE CAN DANCE

⌚ 9.00am—11.00am
📍 Tamrookum Memorial Hall
☎ Lorraine 0488 785 325 or tamrookumhall@gmail.com
Cost: \$5.00

Thursday

SOCIAL TABLE TENNIS

⌚ 6.30pm—8.30pm
📍 Beaudesert Tennis Club
☎ beaudeserttennisassoc@outlook.com
Cost: \$5.00

Thursday

ADULT BACK TO BALLET

⌚ 7.00pm—8.00pm
📍 Girl Guides Hall Beaudesert
☎ BeauDance Academy 0400 292 017 or on Facebook
Cost: \$5.00

Friday

TRIYOGA

⌚ 9.00am—11.00am
📍 Beaudesert Community Arts and Information Centre
☎ Judi Steinke 0400 065 202
Cost: \$7.00

Saturday

JEUNE PARK RUN

⌚ 7.00am
📍 Jeune Park, Tom Enright Drive, Beaudesert
☎ jeunepark@parkrun.com
Cost: Free

